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# WHY YOU'RE STILL FAT GETTING SIX PACK ABS IS EASY, ONCE YOU KNOW HOW



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 50 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Getting a six pack is on the top of many peoples list of priorities, but theres a common issue. People have trouble losing weight even when dealing with a personal trainer, that trainer could be the problem! Many personal trainers will sugar coat things with you as they are starving for business and wouldnt want to upset you....

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- Authored by Mr. James Paul
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