



A Basic Guide to Bobsledding

By Hans Kummer

Griffin Publishing. Paperback. Book Condition: new. BRAND NEW, A Basic Guide to Bobsledding, Hans Kummer, Strength, stamina, courage, concentration, preparation and lightning-quick reflexes -- bobsledders need all these qualities and more. This book offers a clear, concise introduction to one of the most challenging and technically advanced of all Olympic events. Special features include: The revolutionary Bo-Dyn sled; US men's and women's Bobsledding teams in action; Rules of international competition; How to become a successful bobsledder; Skeleton -- the world's first sliding sport.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**

Other Books



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Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and effective guide for parents and students to...



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A Reindeer s First Christmas/New Friends for Christmas (Dr. Seuss/Cat in the Hat)

Random House USA Inc, India, 2012. Paperback. Book Condition: New. Joe Mathieu, Aristides Ruiz (illustrator). 198 x 198 mm. Language: English . Brand New Book. Fans of the Cat in the Hat have cause to celebrate this holiday season with two stories...



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