

Better Birthing with Hypnosis



Better Birthing with Hypnosis

Mindful Pregnancy and Easy Labor
Using the LeClaire Childbirth Method

Change your fears about pregnancy, use positive thoughts and actions.
Use womb-hypnosis techniques to bond with your fetus and enhance the
bonding of your baby.
Develop a positive relationship with your partner and your fetus.
Establish a healthy and happy beginning for your child.

MICHELLE LECLAIRES O'NEILL, PH.D., R.N.

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(Damian Pouros)

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