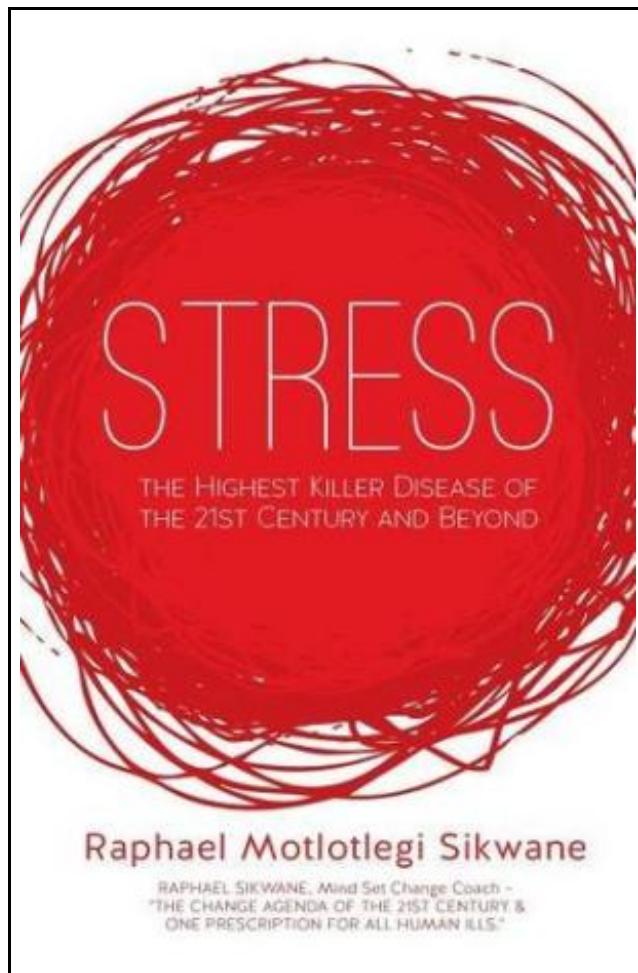


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Xulon Press, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Ignorance drives the beholder towards the opposite direction of what he/she wants to create or accomplish on earth. So too does stress, particularly the inner causes of stress. These are negative emotions like anger, resentment, fear, hatred, jealousy, sorrow, conflict, etc. They drive the individual to endure and create so much pain and suffering that life loses its significance and meaning. Consciously, it is not in the nature of man to deliberately inflict pain on self. However, the individual does inflict pain on self through ignorance. Ignorance about how the mind functions in matters of dealing with its inner causes. Stress is a hidden pain generator. Ignorance on the principles of the law of cause and effect - the law of causality, the beholder finds themselves treating the effects of stress-induced dysfunctions of modern life, and not dealing with the root cause. The results are reduced quality of life and great waste of human potential and resources. This book will help you learn to analyze life challenges from the root cause angle. Failure to do this makes it impossible to strike a win against life challenges and results in an inevitable vicious circle stress syndrome. Raphael Motlotlegi Lekhutile Sikwane has become a Regional sought after teacher in matters of the Power of the Mind and looks forward to becoming a sought after Continental Mind Power teacher. He has conducted thousands of Mind Power workshops in Botswana, South Africa and Kenya. He worked as a Senior Civil Servant in the government of the Republic of Botswana from 1971 to 1979 and has served in various government appointed boards. Since 1998 until now, Raphael Sikwane has read over...

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