



The Complete Guide to Nutrition in Primary Care

By -

John Wiley and Sons Ltd, United Kingdom, 2007. Paperback. Book Condition: New. Twelfth ed.. 229 x 152 mm. Language: English . Brand New Book. The Complete Guide to Nutrition in Primary Care Edited by Darwin Deen, MD, MS Lisa Hark, PhD, RD Clinicians and patients agree that primary care office visits should include routine nutrition assessment and counseling. But how do you fit it into an already crowded consultation? And what is the most up-to-date advice? With The Complete Guide to Nutrition in Primary Care, Drs. Deen and Hark provide the necessary tools. This comprehensive overview of nutrition answers your questions on: * Nutrition as Preventive Medicine * Nutrition through the Lifecycle * Improving Health by Changing Diet and Lifestyle Behaviors * Vitamins, Minerals, Dietary Supplements, and the Alternative * Successful Changes to the Environment This timely paperback contains everything the primary care clinician needs to counsel patients on diet and lifestyle issues. Keep it close at hand for the frequent consultation it is sure to receive. Dr. Darwin Deen is one of the nation's foremost authorities on nutrition. Currently Professor of Clinical, Family and Social Medicine and Director of Medical Student Education at the Albert Einstein College of...



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